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Comparison of will to win among elite and non-elite players of team games

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Abstract
This study examined the will to win among elite and non elite players of team game. To obtain the data the investigator has selected (N = 50) male players from team games i.e. 25 elite players and 25 non elite players. T-Test was used to find out the difference between the two groups. A significant difference was found among the two groups as the p- value 0.01 was found to be significant at 0.05 level of significance. This reveals the importance of will to win for being successful in a competition.

Keywords: Will to win, elite and non elite players

1. Introduction
An elite athlete has characteristics such as hardworking, talent, Disciplines and a balanced psychological profile. The Elite payers undergoes through hours of training session, severe pain, numerous injuries. The athletes at the pinnacle of their performance have put their soul efforts for achieving that high level of success. The Elite athletes are highly trained and conditioned physically and mentally to meet the demands requires for being at the elite level. Athletes are competitive in nature during their participation in sports and games. The participation are enjoyed by those participants that are talented and gifted athlete. Elite players have a fine coordination of physical and psychological fitness, as they display this during the competition. A top level of physical fitness, skill, tactical and strategical abilities and the completion experience are the foundation for displaying performance of a pinnacle level. Kauss (1996) [2] stated the way you feel the way you play. The preparation of players for having success in a completion can no longer can be determined by means of training them upto their threshold of their mental set up and motor as well as physical fitness abilities, such as strength, speed, skills but also on their emotional balance and will to win, which will make possible a successful display of all the trainings acquired (Baljinder Singh).Will to Win is defined as the extent to which a person desires to reach some standard of excellence or to defeat an opponent. People with high level of will to win feel that winning is extremely important and it is the main reason for competing. The athlete high in will to win competes mainly to be first and may have something of "winning at all costs" attitude. Low will to win indicates that the competitor cares less about winning a competition. A major component of team sports is the communication of teammates and coaching staff working cohesively towards their ultimate prime goals. This process can be executed smoothly if the whole unit (i.e. teammates and coaching staff are well familiar of the feelings and emotions of their own as well of their others team mates (Zizzi 2003) [3]. There are players that have their participation regularly in national, Senior national, AIU in track and field, softball, Cricket, Football, Handball, Volleyball, Basketball and various other sports and games. All of these players are athletes and bringing a position or being a medalist put them in the category of the Elite Athletes. These Elite Athlete later on represent India and make us proud by bringing medal for the country at the international level.

1.1 Objectives of the study
1. The first objective of the study was to find out will to win among Elite Players.
2. The second objective of the study was to find out will to win among Non-Elite Players.
3. The third objective of the study was to compare will to win among Elite and Non-Elite Players.

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1.2 Delimitations
1. The study was confined to the will to win among senior national and senior state level players of Jammu and Kashmir.
2. The study was also delimited to the male players of team games viz., Volleyball, Cricket, Handball.
3. The study was further delimited to 25 Medalist and 25 Non medalist players of team games.

1.3 Hypotheses
1. There will be a significant difference in Will to win among Elite and Non Elite Players of team games.

2. Methodology
In this chapter the procedure to be adopted for the selection of subject, selection of variables, criterion measurers, collection of data and statistical technique to be used has been described.

2.1 The selection of subjects
The subject of this study was senior national and senior state level players of Jammu and Kashmir. The total number of subjects for this study was 50 players (25 Medalist and 25 Non medalist players of team games.

2.2 Selection of tools
To study will to win among Elite and Non Elite Players of team games, Will to win questionnaire by (Prof Anand Kumar) was used. The questionnaire consists of 14 items, in which 7 items are keyed true and rest of 7 False. For each item 1 score should be given for following responses, so that maximum score may be 14 and minimum being 0.

2.3 Statistical technique
To compare in Will to win among Elite and Non Elite Players of team games, 't-test' was used.

Table 1.1

Group Statistics					
	Players	N	Mean	Std. Deviation	Std. Error Mean
VAR00001	Elite players	25	10.6000	1.89297	.37859
	Non Elite Players	25	8.9200	1.57903	.31581

This table determines the subject number, Mean Standard deviation and standard Error of mean of Elite and Non elite Players respectively.

Table 1.2

	Levene's Test for Equality of Variances		t-test for Equality of Means				
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference
Equal variances assumed	1.916	.173	3.408	48	.001	1.68000	.49302

For implementing two sample t-test, equality of variance was tested out. As shown in the table1.2 F-value is 1.916 which was insignificant as the p-value is .173 is greater then 0.05, thus accepting the equality of variance among the unrelated group. As in the table 1.1 it is clearly evident that-value is significant as calculated p-value is less as compared to 0.05 level of significance thus leading to conclusion that there is significant difference in A Will to Win among Elite and Non Elite Players of team Games.

3. Recommendations
1. It is further recommended that the study can be taken on the players of other games with different types of variables.
2. It is further recommended that the similar type of the study can be conducted on other levels of players such as Districts, States and University etc.
3. The similar type of study can be conducted on female players.

4. Conclusion
Will to win is an important component for winning and no one can eliminate its importance for the successful participation in sports. The study revealed significant difference with regard to the variable of Will to Win among Elite and Non Elite Players of the team games.

5. References
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