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A descriptive study to assess knowledge on women empowerment among young adults

Dr. Veena D Sakhardande and Vaishali Gaikwad

Abstract

Introduction: Women's empowerment can be defined to promoting women's sense of self-worth, their ability to determine their own choices, and their right to influence social change for themselves and others. The 5Cs of courage, confidence, communication, connections and career and how they can be used to support the success of women.

Aim of the study: To assess the knowledge on women empowerment among young adults.

Method & Material: This was a quantitative descriptive survey study of 150 samples aged 20 to 26 years both male and female. Non-probability purposive sampling technique was used for the selection of samples. To obtain necessary data for the study, the tool used for data collection was divided into section I - Demographic data, Section - II assessment for knowledge on women empowerment among young adults.

Results: Samples were young adults from age group of 20 to 26 years, 37% Male &, 63% female from different professional institutes and organizations. 42% of samples were aware about women empowerment, where as 85% of young adults are supporting women in their family. 79% of young adults said Indian women is empowered whereas 21% answered no. 83% samples answered meaning of women empowerment is, all round development of women, provide the freedom to women empowerment is the right of the women, to be independent and superior as equal to men, women empowerment is nothing but accepting women's perspective in all areas, independent decision making. Majority of samples i.e. 72% highlighted qualities of women in their family like qualities of mother, grandmother, sister & aunt were Caring, multitasking, problem solving, supporter, Majority of samples highlighted Indian women's problems i.e. 71% lack of education, Gender discrimination, Insecurities, financial instability, gender inequality, Disparity in education, Inadequate Nutrition, Low status in the family, responsibilities for household works.

Conclusion: Assessment of a knowledge among young adults on women empowerment will make clear understanding and awareness about concept of women empowerment, benefits, areas women empowerment and their problems which will help them to empower women who has vital role as Mother, sister, aunt, grandmother & wife.

Keywords: Knowledge, women empowerment & young adults

Introduction

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This was a quantitative descriptive survey study of 150 samples aged 20 to 26 years both male and female. Non-probability purposive sampling technique was used for the selection of samples. To obtain necessary data for the study, the tool used for data collection was divided into section I - Demographic data, Section - II assessment for knowledge on women empowerment among young adults.

Result

1. The findings of sample characteristics

Samples were young adults from age group of 20 to 26 years, 37% Male & 63% female from different professional institutes and organizations. 42% of samples were aware about women empowerment, where as 85% of young adults are supporting women in their family. 79% of young adults said Indian women is empowered whereas 21% answered no.

2. Finding of the knowledge on women empowerment among young adults

A. Meaning of women empowerment

83% samples answered meaning of women empowerment is, all round development of women, provide the freedom to women empowerment is the right of the women, to be independent and superior as equal to men, women empowerment is nothing but accepting women's perspective in all areas, independent decision making, women empowerment is women's sense of self-worth, their ability to determine their own choices, capable to be self-dependent on own power and understanding, accepting women's viewpoints, making an effort to seek them and raising the status of women through education, awareness, literacy, and training, promoting women's sense of self-worth, their ability to determine their own choices, and their right to influence social change for themselves and others. Empowerment is the degree of autonomy and self-determination in people and in communities and develop their self-esteem, knowledge, self-dependent and making decisions for their own life.

B. Qualities of women in the family: Mother/ sister/ aunt/ grandmother

Majority of samples i.e. 72% highlighted qualities of women in their family like qualities of mother, grandmother, sister & aunt were Caring, multitasking, problem solving,

supporter, Loving, kindness, multitalented, understanding Self independent, strong, inspiration and motivator, sacrifice, Brave, kind, helpful, Intelligent, Confident, Smart, responsible, Hardworking, Strong, Humble, Empathetic, Authoritative, vivacious, backbone of the family, teacher, resourceful, role model,& leader, manager.

C. Benefits of women empowerment as per young adults

Table 1: Benefits of women empowerment as per young adults

Benefits	Frequency	N=150
		%
Development of Self-independence	134	89.33%
Leadership qualities	97	64.66%
Increase decisions making capacity	112	74.66%
Development in Skilled workforce	143	95.33%
Improvement in generational wealth and self-sufficiency	127	84.66%
Enhancement of self-worth	60	57.33%

Table No:1, shows that majority of samples answered benefits of women empowerment i.e. Development of Self-independence 89.33%, Leadership qualities 64.66%, Increase decisions making capacity 74.66%, Development in Skilled workforce 95.33%, Improvement in generational wealth and self-sufficiency 84.66% and 57,33% Enhancement of self-worth.

D. Problems of Indian women

Majority of samples highlighted Indian women's problems i.e. 71% lack of education, Gender discrimination, Insecurities, financial instability, gender inequality, Disparity in education, Inadequate Nutrition, Low status in the family, responsibilities for household works.

E. Area's women empowerment as per young adults

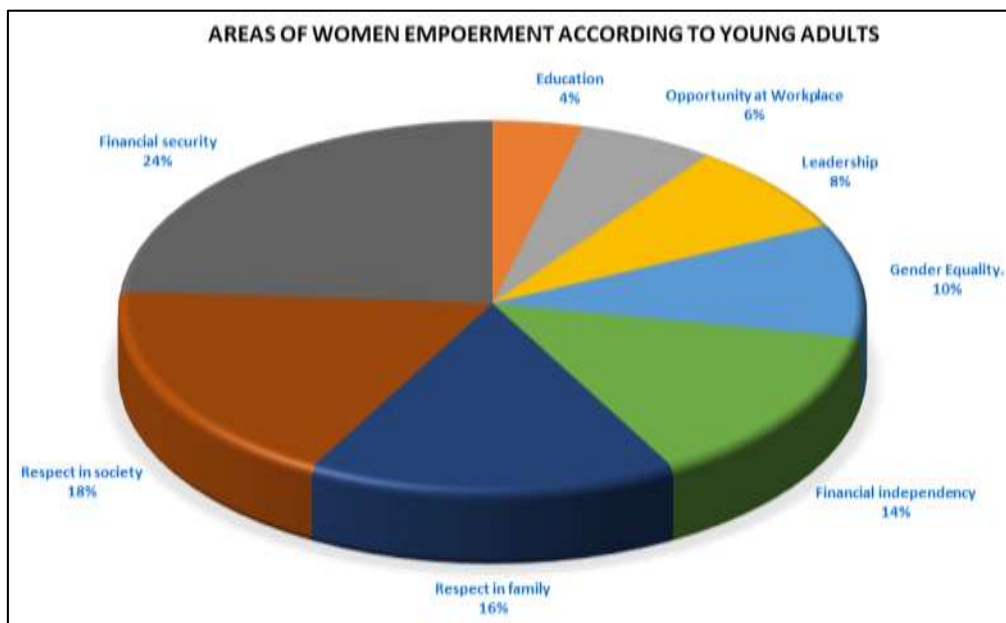


Fig 1: Shows areas of women empowerment as per opinion of young adults

Conclusion

Assessment of a knowledge among young adults on women empowerment will make clear understanding and awareness about concept of women empowerment, benefits, areas

women empowerment and their problems which will help them to empower women who has vital role as Mother, sister, aunt, grandmother & wife.

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Conflict of interest

The authors certify that they have no involvement in any organization or entity with any financial or non-financial interest in the subject matter or materials discussed in this paper.

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