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## Effect of structured teaching programme regarding knowledge on blood donation among selected college students

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#### Abstract

Objectives: To assess knowledge before and after structured teaching program regarding blood donation, to evaluate effectiveness of structured teaching programme regarding blood donation, to find out significant association between pre-experimental knowledge score with selected demographic variables among students in selected colleges of Navi Mumbai. Design: pre-experimental one group pre-test and post-test design. Sample: refers to the individuals who are in the age group of 18-22 years and studying in colleges

\section*{Result} 1. Majority of college students were at the age group of $19-20$ years ( $56 \%$ ), Majority of females $(58 \%)$ were participated in the study, most of them were from Hindu religion $(90 \%)$, from urban area (74\%). 2. There was a lack of knowledge among college students regarding blood donation before administering structured teaching programme. 3. In posttest, the knowledge of the college students were increased. The statistical paired t-test indicates that the difference between the pretest and posttest knowledge. Theft' value obtained for knowledge score was $15.08 p<0.05$, from these, it was concluded that the structured teaching programme was effective in increasing the knowledge of arts college students regarding blood donation. 4. Out of selected demographic variables religion and family income shown significant result and association with pre interventional knowledge.

\section*{Conclusion} 1. This research study concludes that male college students have an average knowledge regarding blood donation. 2. The study also concludes that there is a significant association between some demographic variables with knowledge regarding blood donation


Keywords: Chhani, consumption, fuel-wood, households, Lanchaan

## Introduction

According to Polit and Beck, "the analysis of research data provides the result of the study. These result need to be evaluated and interpreted. These chapter deals with analysis and interpretation of data collected from students of selected college of Navi Mumbai.

## Analysis and interpretation of the data

This chapter deals with the systematic presentation of the analyzed data followed by the interpretation of the data. The collected information was organized, tabulated, analyzed and interpreted using descriptive and inferential statistics. The data collection was analyzed on the basis of objectives of the study.

## Objectives

- To assess knowledge before and after structured teaching program regarding blood donation.
- To evaluate effectiveness of structured teaching programme regarding blood donation.
- To find out significant association between pre-experimental knowledge score with selected demographic variables among students in selected colleges of Navi Mumbai.

Organization of the study findings
The collected data is tabulated, analyzed, organized and presented under the following headings.

## Section I

It deals with the analysis of the demographic data of the sample.

## Section II

It deals with the analysis of data related to effectiveness of structured teaching programme regarding blood donation.

## Section III

It deals to find out association of pre interventional knowledge with selected demographic variables

## Section-I

Distribution of Socio-Demographic variables of student

Table 1: Age Demographic data of samples

| Age (in years) | Frequency | Percent\% | Cumulative Frequency |
| :---: | :---: | :---: | :---: |
| $17-18$ | 14 | 28 | 28 |
| $19-20$ | 28 | 56 | 84 |
| $21-22$ | 4 | 8 | 92 |
| above 22 | 4 | 8 | 100 |
| total | 100 | 100 |  |



Fig 2: Graphical representation of frequency and percentage distribution of demographic variables of students according to their Age.
[Fig 02 shows the distribution of college students by age in years. Out of 50 college students, $14(28 \%)$ students were in the age group of 17-18 years, 28(56\%) students were in the age group of $19-20$ years, 4 ( $8 \%$ ) students were in the age
group of 21-22 years and $4(8 \%)$ students were in the age group of above 22 years. Hence it can be interpreted that majority of the arts college students were in the age group of 19-20 years]

Table 2: Gender demographic data of samples

| Gender | Frequency | Percent\% | Cumulative Frequency |
| :---: | :---: | :---: | :---: |
| Male | 21 | 42 | 42 |
| Female | 29 | 58 | 100 |
| Total | 50 | 100 |  |



Fig 3: Graphical representation of Frequency and percentage distribution of demographic variables of students according to their Gender.
[Fig.03.showsthedistributionofcollegestudentsbytheirgender. Itshows29 (58\%) students were females and 21 (42\%) students were males. Hence it can be interpreted that
majority of the college students who participated in this study were females.]

Table 3: Religion demographic data of samples

| Religion | Frequency | Percent\% | Cumulative Frequency |
| :---: | :---: | :---: | :---: |
| Hindu | 45 | 90 | 90 |
| Muslim | 3 | 6 | 96 |
| Christian | 1 | 2 | 98 |
| Other | 1 | 2 | 100 |
|  | 50 | 100 |  |



Fig 4: Graphical representation of Frequency and percentage distribution of demographic variables of students according to their Religion.
[Fig. 04 shows the distribution of religion in selected college of Navi Mumbai. It shows 45(90\%) were Hindu, 3(6\%) were Muslim, $1(2 \%)$ were Christian and $1(2 \%)$ from other
religion. Hence it can be interpreted that majority of the college students who participated in this study are from Hindu religion.]

Table 4: Occupation of father demographic data of samples

| Occupation | Frequency | Percent\% | Cumulative Frequency |
| :---: | :---: | :---: | :---: |
| Business | 11 | 22 | 22 |
| Service | 24 | 48 | 70 |
| Retired | 3 | 6 | 76 |
| Other | 12 | 24 | 100 |



Fig 5: Graphical representation of Frequency and percentage distribution of demographic variables of students according to occupation of father.
[Fig 05 shows the distribution of college students by occupation
their of father. Majority of students father work as service 24 (48\%) followed by business11 (22\%)]

Table 5: Occupation of mother demographic data of samples

| Occupation | Frequency | Percent\% | Cumulative Frequency |
| :---: | :---: | :---: | :---: |
| Service | 4 | 8 | 8 |
| Housewife | 42 | 84 | 92 |
| Retired | 1 | 2 | 94 |
| Other | 3 | 6 | 100 |



Fig 6: Graphical representation of Frequency and percentage distribution of demographic variables of students according to occupation of mother.
[Fig 06 shows the distribution of college students by occupation of mother. Majority of students mother work as a
housewife 42(84\%) followed by service 4(8\%), retired (8\%) and other 3(6\%)]

Table 6: Monthly income demographic data of samples

| Monthly income <br> a | Frequency | Percent\% | Cumulative <br> Frequency |
| :---: | :---: | :---: | :---: |
| $10,000-15,000$ | 22 | 44 | 44 |
| $16,000-20,000$ | 18 | 36 | 80 |
| $21,000-30,000$ | 5 | 10 | 90 |
| $>30,000$ | 5 | 10 | 100 |



Fig 7: Graphical representation of Frequency and percentage distribution of demographic variables of students according to their monthly income.
[Fig 07 shows distribution of arts college students by monthly income of their family. $22(44 \%)$ college students had monthly family income of Rs. $10,000-15,000,18$ (36\%) students had monthly family income of above Rs.16,000-

20,000. $5(10 \%)$ students had monthly family income of Rs. $21,000-30,000$ and $5(10 \%)$ students had monthly family income of Rs.>30,000.

Table 7: food status demographic data of samples

| Food Status a | Frequency | Percent\% | Cumulative Frequency |
| :---: | :---: | :---: | :---: |
| Vegetarian | 16 | 32 | 32 |
| Non-vegetarian | 7 | 14 | 46 |
| Vegetarian | 0 | 0 | 46 |
| a and b | 27 | 54 | 100 |



Fig 8: Graphical representation of Frequency and percentage distribution of demographic variables of students according to their food status.
[Fig. 08 shows distribution of food status of college students. $16(32 \%)$ consumed vegetarian diet, $7(14 \%)$ consumed non-
veg diet and $27(54 \%$ ) consumed mixed diet (both veg and non-veg)]

Table 8: Locality demographic data of samples

| Locality | Frequency | Percent $\%$ | Cumulative Frequency |
| :---: | :---: | :---: | :---: |
| Rural | 13 | 26 | 26 |
| Urban | 37 | 74 | 100 |
| Total | 50 | 100 |  |



Fig 9: Graphical representation of Frequenc yand percentage distribution $f$ demographic variables of students according to their Locality.
[Fig 09 shows Out of 50 students $37(74 \%)$ students were from urban area and remaining $13(26 \%)$ were from rural area]

## Section II

Effectiveness of structured teaching programme regarding knowledge on blood donation among students in selected colleges of Navi mumbai

Table 9: Pretest and posttest knowledge score

| Interpretation | Pre-test |  | Post-test |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Frequency | Percentage | Frequency | Percentage |
| Poor | 8 | 16 | 0 | 0 |
| Average | 15 | 30 | 5 | 10 |
| Good | 23 | 46 | 20 | 40 |
| Very good | 4 | 8 | 25 | 50 |



In this table and Fig. 10 of this section, as per as the score interpretation frequency of pre and post-test has been calculated to compare pre-test knowledge score and posttest knowledge score.

- In table of this section, as per as the score interpretation frequency of pre and post-test has been calculated to understand effectiveness of structured teaching programme regarding blood donation.

Table 10: over all pretest and posttest mean knowledge

| Aspects | Students Knowledge |  |  |
| :---: | :---: | :---: | :---: |
|  | Mean | Mean (\%) | SD |
| Pre test | 10.46 | 52.3 | 3.66 |
| Post test | 15.08 | 75.4 | 3.29 |



Fig 11: Bar diagram shows Comparison between Pre and Post Test knowledge score of students.
[Fig. 11 shows there was a lack of knowledge among college students regarding blood donation before administering structured
teaching programme. In post-test, the knowledge of the college students were increased.]

Table 11: Difference between pre and post test

| Sample No. | Pre test | Post test | Difference between pre and post test | D2 |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 12 | 18 | 6 | 36 |
| 2 | 9 | 14 | 5 | 25 |
| 3 | 14 | 18 | 4 | 16 |
| 4 | 13 | 12 | 1 | 1 |
| 5 | 11 | 16 | 5 | 25 |
| 6 | 5 | 14 | 9 | 81 |


| 7 | 8 | 13 | 5 | 25 |
| :---: | :---: | :---: | :---: | :---: |
| 8 | 3 | 8 | 5 | 25 |
| 9 | 10 | 15 | 5 | 25 |
| 10 | 6 | 14 | 8 | 64 |
| 11 | 9 | 17 | 8 | 64 |
| 12 | 15 | 20 | 5 | 25 |
| 13 | 11 | 13 | 2 | 4 |
| 14 | 4 | 11 | 7 | 49 |
| 15 | 15 | 18 | 3 | 9 |
| 16 | 15 | 18 | 6 | 36 |
| 17 | 11 | 17 | 6 | 36 |
| 18 | 2 | 10 | 8 | 64 |
| 19 | 7 | 14 | 7 | 49 |
| 20 | 13 | 17 | 4 | 16 |
| 21 | 17 | 19 | 2 | 4 |
| 22 | 11 | 16 | 5 | 25 |
| 23 | 13 | 15 | 2 | 4 |
| 24 | 19 | 20 | 1 | 1 |
| 25 | 10 | 18 | 8 | 64 |
| 26 | 5 | 11 | 6 | 36 |
| 27 | 11 | 14 | 3 | 9 |
| 28 | 8 | 13 | 5 | 25 |
| 29 | 5 | 16 | 11 | 121 |
| 30 | 11 | 13 | 2 | 4 |
| 31 | 13 | 9 | 4 | 16 |
| 32 | 8 | 16 | 8 | 64 |
| 33 | 4 | 13 | 9 | 81 |
| 34 | 9 | 6 | 3 | 9 |
| 35 | 11 | 17 | 6 | 36 |
| 36 | 16 | 15 | 1 | 1 |
| 37 | 12 | 18 | 6 | 36 |
| 38 | 14 | 15 | 1 | 1 |
| 39 | 17 | 20 | 3 | 9 |
| 40 | 8 | 14 | 6 | 36 |
| 41 | 11 | 17 | 6 | 36 |
| 42 | 12 | 16 | 4 | 16 |
| 43 | 15 | 17 | 2 | 4 |
| 44 | 14 | 19 | 5 | 25 |
| 45 | 12 | 18 | 6 | 36 |
| 46 | 7 | 15 | 8 | 64 |
| 47 | 4 | 11 | 7 | 49 |
| 48 | 13 | 17 | 4 | 16 |
| 49 | 14 | 19 | 5 | 25 |
| 50 | 6 | 10 | 4 | 16 |

According to $t$ test formula:
$\mathrm{N}=50$,
$\sum \mathrm{d}=252$
$\sum \mathrm{d} 2=1544$
$\mathrm{t}=\frac{\sum \mathrm{d}}{\sqrt{ } \frac{\left(n \sum \mathrm{~d}^{2}\right)-\left(\sum \mathrm{d}\right)^{2}}{n-1}}$
$\mathrm{t}=\frac{252}{\sqrt{\frac{(50 \times 1544)-(252)^{2}}{50-1}}}$

$$
=\frac{252}{\sqrt{279.51}}
$$

$=\frac{252}{16.71}$
$\mathrm{t}=15.08$
Calculated value $=\underline{15.08}$
Table value $=\underline{2.010}$
Therefore table value<calculated value
Hence, there is significance difference in pre and post-test so, the null hypothesis is rejected and the alternative hypothesis is accepted. Therefore this indicated that there is effectiveness of structured teaching programme regarding knowledge on blood donation among students in selected colleges of Navi Mumbai.

## Section III

Association between pre-experimental knowledge score with selected demographic variables among students in selected colleges of Navi mumbai

## Chi square test

Table 12: Shown significant result and association with pre interventional knowledge

| Association between demographic data and stress <br> level | Chi- square <br> statistics | P- value | Association |
| :---: | :---: | :---: | :---: |
| Age | 4.169 | 0.899942 | Not Significant |
| Gender | 1.4905 | 0.817849 | Not Significant |
| Religion | 8.6385 | 0.471293 | Significant |
| Occupation of father | 5.1855 | 0.332181 | Not Significant |
| Occupation of mother | 7.88 | 0.546286 | Not Significant |
| Family income | 10.2301 | 0.332181 | Significant |
| Food status | 3.7102 | 0.92943 | Not Significant |
| Locality | 1.1734 | 0.759382 | Not Significant |

Out of selected demographic variables religion and family income shown significant result and association with pre interventional knowledge

## The findings of the study are

1)Majority of college students were at the age group of 1920 years(56\%),Majority of females (58\%) were participated in the study, most of them were from Hindu religion( $90 \%$ ), from urban area ( $74 \%$ ).
2) There was a lack of knowledge among college students regarding blood donation before administering structured teaching programme.
3) In posttest, the knowledge of the college students were increased. The statistical paired $t$-test indicates that the difference between the pretest and posttest knowledge.
Theft' value obtained for knowledge score was 15.08 $p<0.05$, from these, it was concluded that the structured teaching programme was effective in increasing the knowledge of arts college students regarding blood donation.
4) Out of selected demographic variables religion and family income shown significant result and association with pre interventional knowledge.

## Conclusion

1. This research study concludes that male college students have an average knowledge regarding blood donation.
2. The study also concludes that there is a significant association between some demographic variables with knowledge regarding blood donation

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