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Dr. Soumyendu Debnath
PG Scholar, Government
Homoeopathic Medical College
& Hospital, Bhopal, Madhya
Pradesh, India

Dr. Prajkta Watane
PG Scholar, Government
Homoeopathic Medical College
& Hospital, Bhopal, Madhya
Pradesh, India

Leading indications in pregnancy period [Dr. H.C. Allen.]

Dr. Soumyendu Debnath and Dr. Prajkta Watane

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Abstract

This article is about the use of homoeopathic medicines from Allen's Keynotes for various illnesses occurring during pregnancy. It will be helpful to find various drugs used for illness during pregnancy easily and quickly.

Definition of pregnancy: Pregnancy is the term used to describe the period in which a foetus develops inside a woman's womb or uterus.

Duration of pregnancy: The duration of pregnancy is calculated in terms of 10 lunar months or 9 calendar months and 7 days or 280 days or 40 weeks, calculated from the first day of the last menstrual period. This is called 'Gestational Age'.

Common complications of pregnancy: Morning sickness, hyperemesis gravidarum, Urinary Tract Infections, Gestational diabetes mellitus, pre-eclampsia, eclampsia, miscarriage, TORCH infection.

Homoeopathy during pregnancy: Is safe for female to use during pregnancy and postnatally, including breast-feeding. It is a gentle yet effective system of medicine and the remedies are highly diluted and are not crude drugs, so they cannot harm the baby.

In aphorism 94, Dr. Hannemann has said that it is especially necessary to pay attention to pregnancy, sterility, sexual desire, accouchements, miscarriages, suckling and the state of menstrual discharge.

Keywords: Pregnancy period, leading indications, homoeopathic medicines

Introduction

Why homoeopathy?

Because Homoeopathic drugs are not given in material form. These drugs are made by the process of potentization, which involves a series of systematic dilutions and successions. Hence eliminating the chemical toxicity and enable the therapeutic effects.

So, the usage of homoeopathic medicines during pregnancy is completely safe as it uses small amounts of active ingredients that enhance the natural abilities of your body to heal and cause general improvement.

Thus, when compared to the other conventional drugs, homoeopathy has no side effects and is non-addictive, hence safe to use during pregnancy.

What is the utility of review article

Review articles are an important part of medical and other scientific literature that are liked and sought after by both readers and journals. The common perception is that they provide credible and reliable information about a specific area to readers and bring readership to journals.

It is a survey of previously published research on a topic. It should give an overview of current thinking on the topic. Writing a review of literature is to provide a critical evaluation of the data available from existing studies.

Why did we consider Allen's keynote for reviewing article??

The object of Allen's keynote is to aid the student to master that which is guiding and characteristic in the individuality of each remedy and thus utilize more readily the symptom-similarity of Materia Medica.

Corresponding Author:
Dr. Soumyendu Debnath
PG Scholar, Government
Homoeopathic Medical College
& Hospital, Bhopal, Madhya
Pradesh, India

Indications of Homoeopathic drugs during pregnancy

1. Abortion: 1. *Actaea racemosa*, 2. *Caulophyllum*, 3. *Erigeron*, 4. *Helonias*, 5. Nitric acid, 6. *Plumbum met*, 7. *Pulsatilla*, 8. Sabina, 9. *Secale cor*, 10. Sulphur.
2. Anemia after abortion:- *Thalapsi Bursa Pastoris*.
3. Constipation during pregnancy: *Sepia*.
4. Hiccough during pregnancy: *Cyclamen officinale*.
5. Hydatidiform moles (Expulsion): Sabina.
6. Hyperemesis Gravidarum: *Psorinum*, *Tabacum*.
7. Incontinence of urine after labor: Arnica.
8. LABOR (Obstructed): *Caulophyllum*, Kali Phos, *Secale cor*.
9. Labor pains: *Chamomilla*, *Nux vomica*.
10. Lochia: *Kreosotum*.
11. Morning Sickness: *Mercurius*, *Nux Moschata*, *Petroleum*, *Phosphorous*, *Sepia*.
12. Nausea and Vomiting during pregnancy: *Lactic acid*, *Psorinum*.
13. Post-partum numbness: *Rhus tox*.
14. Post-partum retention of urine: *Opium*, *staphysagria*.
15. Pruritus in pregnancy: *Caladium*, *Collinsonia*.
16. Pseudocystitis: *Sabadilla*, *Veratrum album*.
17. Rectal prolapse after delivery: *Ruta graveolens*.
18. Retained Placenta: Sabina.
19. Retention of urine after labor: *Hyoscyamus*.
20. Septic Abortion: *Pyrogen*.
21. Subinvolution: *Podophyllum*.
22. Toothache during pregnancy: *Ratanhia*.

Discussions

Study of Homoeopathic medicines in cases of illnesses during pregnancy. Ultimate findings according to Dr. H.C. Allen that it will be helpful to find various drugs used for illnesses during pregnancy easily. And so the Homoeopathic Physician can prescribe various drugs from Allen's keynote that are used during pregnancy quickly and in easy way.

Conclusion

The utility of homoeopathic medicines for various illnesses occurring during pregnancy is very beneficial. So there is more need to do research on Homoeopathic medicines related to their use during pregnancy.

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