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Dr. Ramesh Chand Sharma
HOD and Professor,
Department of Forensic
Medicine and Toxicology,
Jayoti Vidhyapeeth Women's
University Jaipur, Rajasthan,
India

Dr. Rashmi Agrawal
HOD and Associate Professor,
Department of Obstetrics and
Gynaecology, University
College of Homoeopathy
Kekri, Rajasthan, India

A case study on impetigo and role of homoeopathic medicines

Dr. Ramesh Chand Sharma and Dr. Rashmi Agrawal

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Abstract

Impetigo is highly contagious disease which mostly affects the children. In this disease mainly superficial layers of the epidermis are involved and is caused by gram positive bacteria. Lesions which are developed by bacteria are highly contagious and can spread easily. They are very much painful and itchy having yellow crust with formation of erythematous plaques. An acute case of IMPETIGO is been treated with homoeopathic medicine in this case study according to symptom similarity of the patient.

Keywords: Impetigo, similimum, homoeopathy, individualization

Introduction

Impetigo is a commonly occurring disorder in childrens which is caused by some species of Streptococcus and staphylococcus. The parts usually affected are around the nose, face and mouth. They represent in the form of *Reddish sores*, which soon ruptures and discharge oozes to give appearance of honey coloured crust in the processes of healing. Infection can spread to others via touching, use of towels, clothing etc.

Homoeopathy is based upon symptom similarity of the disease. Patients are to be treated as a whole in terms Individualization.

In Homoeopathy a very good scope for children's diseases because of easily acceptance and great immune power to recover from any disease unless pathological changes to create.

Case Study

Date- 19/07/2022

Name- Khushi

Age-2 yr.

Sex- Female child

Address- Kanota, Nikki town

Diagnosis- IMPETIGO

Presenting Complaints

- Pustular eruptions with discharges.
- Itching aggravates especially at night.
- Yellow crust like formation around affected areas



Corresponding Author:
Dr. Ramesh Chand Sharma
HOD and Professor,
Department of Forensic
Medicine and Toxicology,
Jayoti Vidhyapeeth Women's
University Jaipur, Rajasthan,
India

Past Medical History**Recurrent cold and fever****Family History**

Mother -chronic dermatitis

Personal History

Addiction – undigested things

Physical Generals

Appearance- lean, thin, whitish

Appetite-good

Desire-spicy things

Thirst-adequate

Sleep-sound

Urine-sometime burning

Stool-sometime constipated

Thermal reaction-chilly

Mentals

Not irritable, can't sit for long time at one place.

Mix up easily with others.

Physical Examinations

Weight-15 kg

Vital Signs

Pulse-100/min.

Temperature-98 F

R/R-20/min

General Examination

Pallor\Anemia – slight anemic

Oedema – Not evident

Lymphadenopathy – Absent

Icterus - Absent

Cynosis - Absent

Build - Thin

Clubbing fingers/nails – Absent

Tongue – clean, moist

Skin – eruptions on face

Systemic Examination

G.I.T.- distention of abdomen

Respiratory-URI

Provisional Diagnosis

Impetigo

Investigations

No investigations required because infections occurs due to unhygienic conditions and proper maintenance of hygiene with proper intake of medicine can cure the patient soon.

Miasmatic Diagnosis

Symptomatically and depending upon the type i.e. acute case. The case clearly indicated the dominancy of Psora.

Prescription

Date: 19/7/22

Rx. – Antim crud 30/OD/ 7days

Follow Up Chart

1. 19/7/22,slight itching of affected part, discharge also with irritation Rx- Antim crud 30/OD/ 7days

2. 5/8/22, better improvement with scanty discharge, relief in itching.
Rx- Antim crud 30/OD/ 7 days
3. 16/10/22, miraculous relief in itching and crust formation, no discharge
Rx- Antim crud 30/1 dose/ 7 days

Case Discussion and conclusions

This was a Acute case of IMPETIGO having no sensations, aggravations at night and recurrent cold were present, some key symptoms clearly indicated ANTIM CRUD which we prescribed in 30th potency based on susceptibility of the patient for speedy recovery and without least aggravation. In 1st prescription we prescribed Antim. Crud 30/OD/7days. In 1st follow up patient was slight relieved so again repeated the Antim Crud 30/OD/7 days. In 2nd follow up patient get slight relief, so I repeat and prescribe Antim Crud again Antim Crud30/OD/7days. In 3rd follow up patient having miraculous improvements. Medicinal dose was reduced Antim crud 30/1dose/7 days. She was looking good improvement in her complaints and advised to her parents to keep hygiene. Homoeopathy is very effective in skin diseases especially in childrens, having good scope, individualization and similimum is best choice for effective treatment and is good prescriptive quality.

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